

Research around the world

Exciting research is emerging from all around the world on the therapeutic effect of Bowen Therapy and the physiological changes that take place in the body. These evidence-based projects cover some of the wide range of conditions as Bowen Therapy has been shown to assist. While some of the results have been published, other work is in the form of unpublished theses, data collection or evaluations.

Modern health care is implemented on the basis of evidence-based practice. The most impressive forms of research are the double-blind trials in which neither the practitioner nor the client knows who is getting what treatment. Physiological changes in the body can be demonstrated in a technological double blind trial. However therapeutic Bowen Therapy cannot be tested in this way because it is virtually impossible to disguise the treatments.

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